



Best Practice Diapering Procedure

1 Clean your hands by using the proper handwashing procedure.

- 2 Prepare for diapering:** To minimize contamination, prepare for diapering by getting out all of the supplies needed for the diaper change and placing them near, but not on, the diapering surface. For Example:
- Non-porous changing table paper to cover the table from the children's shoulders to beyond the child's feet (in case it becomes soiled and must be folded over to create a clean surface during the change).
 - Enough wipes for the diaper change, including clearing the child's bottom and wiping the teacher's and child's hands before putting on the clean diaper (wipes must be taken out of their container).
 - Unused diaper and clean clothes, if needed.
 - A plastic bag for soiled clothes.
 - Disposable gloves (if used).
 - A dab of diaper cream on a disposable paper towel (if used).

3 Diaper the child:

1. Place the child on the diapering table. Remove clothing to access diaper. If soiled, place clothes into a plastic bag.
2. Open the soiled diaper and leave under the child while the child is cleaned. Use wipes to clean child's bottom from front to back (one wipe per swipe) and throw away with the soiled diaper into a plastic-lined, covered, hands-free trash container.
3. Check for spills on the paper liner, and if needed, fold the paper over to create a clean surface. If gloves are used, they must be discarded at this time.
4. Wipe hands: Use a wipe to remove soil from your hands and throw into the trash container. Use another wipe to remove soil from child's hands and throw into trash container.
5. Put on a new diaper: Slide the clean diaper under the child, and use a facial or toilet tissue or clean disposable gloves to apply any necessary diaper creams, discarding the tissue or gloves in a plastic-lined, hands-free covered can and redress the child.

4 Wash the child's hands following proper handwashing procedure (use of hand sanitizer is also acceptable for children two years and older, if hands are not visibly soiled). Return the child to the play area without touching any other surfaces.

5 Clean the changing surface:

1. Dispose of the disposable paper liner in a plastic-lined, hands-free covered can.
2. Remove and visible soil from the changing surface with a disposable paper towel saturated with water and detergent, and then rinse.
3. Wet the entire changing surface with a disinfectant that is appropriate for the surface material being treated. Follow the manufacturers instruction for use.

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